

SPEAKER KIT

Dianne Horton

Spiritual Mentor, Speaker and Writer

Who are you without the story?

diannehorton.com.au



ABOUT DIANNE

"Have you had enough of being Dianne?"

I'm a spiritual mentor, speaker and writer based in Queensland, Australia.

When I was 51, I woke in the early hours of the morning and heard those words. I went back to sleep. When I opened my eyes, the familiar sense of being "Dianne" was no longer there. Life was still happening. Seeing, walking, eating. But without the story of "me" at the centre of it.

In time, the everyday Dianne returned. My relationship with thought, identity and suffering did not.

That's what I speak about now. Not another belief to hold, but an invitation to look at your own experience and see what's actually true.

I'm the author of *Live in a New Way: Be With Everything As It Is.*

SPOKEN AT

MindBodySpirit Festival

Conscious Life Festival

Women's Wellness Festival

The Ultimate Girls Weekend

Starlight Festival

HEARD ON

New Realities

Never Not Here

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SIGNATURE TALKS

Who Are You Without the Story?

The stories we tell about ourselves, and what's here when they go quiet.

Beyond Who You Think You Are

Questioning the "me" we keep trying to fix and improve.

Freedom from Suffering

The difference between what is happening and what the mind says about it.

Being With What Is

Presence and stillness, right in the middle of ordinary life.

Relationships and Allowing

What changes when we stop needing each other to be different.

FORMATS

Keynotes, 30 to 60 minutes

Half or full-day workshops

Retreat and conference sessions

Podcasts and interviews

Private gatherings

Each one is shaped around your event and the people in the room.

In person or online.
Fees on request.

"People don't leave my talks with more information. They leave with less noise and more presence."

WHAT PEOPLE SAY

"Dianne has such a profoundly simple and direct way of pointing me back to the present moment and the allowance of what is."

L. Cunliffe, New Zealand

"I often end up in silence. Nowhere to get to, no one to be."

"I feel clearer, calmer, and back on track."

"Dianne points me back to who I truly am."

WHO I SPEAK WITH

Retreats, festivals, conferences, wellbeing events and podcasts. People who've had enough of inner struggle. People curious about who they really are. And people who have done everything "right" and still sense something is missing.

INVITE ME TO SPEAK

Based in Queensland, Australia.
Available in person and online.

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